

Erie Canalway Trail

Tour Type: Bike Trails and Country Roads

This tour is pure Erie ecstasy with nearly 400 miles of cycling along the Historic Erie Canal with dozens of lovely lift bridges, aqueducts, locks, canal parks and more. Not to mention the beautiful and scenic countryside of Upstate NY, the Revolutionary War history of Central NY, and the amazing beauty of the Mohawk Valley and the Capital Region!



Getting Here: Tour originates in Buffalo, NY. Free shuttle from Albany or Syracuse available on Day 1.

Tour Includes: All lodging; complete ride support; ride guides; daily luggage transport; canal dinner cruise, fun activities and so much more!

Duration: 11 Days / 10 Nights

Lodging: Hotels

Meals: 9 Breakfasts; 3 Dinners

Total Miles: 390 miles

Avg. Daily Miles: 40 - 45

Difficulty: Easy to Moderate

Half Tour: Don't have time to ride the full Erie? Join us for a half tour.

WEST Half: Buffalo to Syracuse (7 Days / 6 Nights)

EAST Half: Syracuse to Albany (6 Days / 5 Nights)

On Demand: This tour is available as an On Demand tour for your specific dates. Requires a minimum of 6 guests. On Demand tours do not include group dinners or activities. Call or email for details or to schedule your group.



Old Erie Canal



Cycling Near Medina



Lovely Fairport

Day 1: Arrive Buffalo

12:00 PM

Optional Shuttle Pickup - Albany

2:30 PM

Optional Shuttle Pickup - Syracuse

Check in then spend some time exploring the lovely city of Buffalo. Enjoy Canalside and the waterfront of the Niagara River with dining options and Naval and Military Memorial Park.

Day 2: Buffalo to Lockport

Cycling:

35 miles

Cycling begins in Buffalo with a beautiful ride along the Niagara River and the Tonawanda Waterfront where we enter the Gateway to the Erie Canal en route to Lockport, and the famous Flight of Five Locks considered the engineering marvel of its day. Spend the evening exploring charming Lockport with its many quaint shops and great dining options!

Day 3: Lockport to Brockport

Cycling:

45 miles

Leaving Lockport we enjoy easy, scenic cycling on the awesome ECT as we pass through the charming communities of Medina, Albion and Holley. In Holley we take time to drop the bikes for a short $\frac{3}{4}$ mile hike to lovely Holley Falls, before continuing on to Brockport our stop for the day.

Day 4: Brockport to Palmyra

Cycling:

48 miles

Today's ride has the downhill slope in your favor as we glide our way through quaint Adams Basin, the picturesque waterfronts of Pittsford and Fairport, and Historic Downtown Palmyra where a fun night is in store as we host you for pizza and movie night where we'll present "Erie, The Canal That Made America".

Day 5: Palmyra to Seneca Falls

Cycling: 40 miles

Today we'll cycle through the beautiful countryside of upstate NY making our way to Seneca Falls with many points of interest including the Women's Rights National Park, the Knitting Mill civil war historic site, beautiful Cayuga Lake State Park, and many other museums, shops and great restaurants. In the evening we'll enjoy the canal from the water on a super fun canal dinner cruise (very casual).

Day 6: Seneca Falls to Syracuse

Cycling: 48 miles

Leaving Seneca Falls enjoy beautiful scenery as we cycle through Montezuma National Wildlife Refuge making our way back to the Erie Canalway Trail. Along the trail are several canal parks including Jordan Aqueduct Park and Nine Mile Creek Aqueduct which has been historically reconstructed to its original glory. In Syracuse we'll visit the remarkable Erie Canal Museum and grab dinner at one of the many great area restaurants.

Day 7: Syracuse to Rome

Cycling: 48 miles

There's plenty to see between Syracuse and Rome as you cruise effortlessly along the bike path and within 10 miles, you reach Chittenango Landing Canal Boat Museum definitely worth exploring, before continuing on the path where we cycle by many aqueducts and awesome Lock 21 before reaching Rome where a visit to Fort Stanwix is a must!

Day 8: Rome to Little Falls

Cycling: 44 miles

It's easy, beautiful cycling as we make our way to Utica where you can divert from the bike trail to visit the Munson-Williams-Proctor Art Gallery (free), or stroll the shady paths of the Utica Zoo with their adorable Red Pandas, before continuing on to Little Falls, with its quaint main streets, great pubs and eateries, and many artisan and antique shops!

Day 9: Little Falls to Amsterdam

Cycling: 40 miles

Cycling between Little Falls and Amsterdam offers beautiful natural scenery as well Revolutionary War History. Very short distances from the bike trail are Herkimer Home, and Fort Klock, and not to be missed is Schoharie Crossing State Historic Site before arriving in Amsterdam our stop for the evening.

Day 10: Amsterdam to Albany

Cycling: 48 miles

Activities: Au Revoir Happy Hour

Enjoy today's ride as we cycle through rural Central NY making our way to the Capital Region stopping at Mabee Farm Historic Site, through folksy Schenectady, and to impressive Cohoes Falls, before we drop the kickstand in Albany for a well earned rest. We cap off the tour with end of tour dinner celebration, a great ending to an amazing adventure!

Day 11: Return

Departure for homebound or other destinations.

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