

# Le Petit' Train Du Nord & Champlain Islands



**Tour Type:** Cycling – Bike Trails and Rural Roads

Gorgeous scenery, nostalgic train depots, and amazing Lake Champlain combine to make this tour unforgettable. Tour begins with three days of cycling on Le Petit Train Du Nord (The Little Train of the North), then continues through historic Montreal, Quebec and across the U.S. border as we cycle right down the middle of beautiful Lake Champlain and through charming Vermont towns where we'll drop the kickstand in super cool Burlington.

**Getting Here:** Tour originates in Montreal. Free shuttle from Burlington, VT or Manchester, NH available. Return shuttle to Montreal upon request \$50/person.

**Tour Includes:** All lodging, full ride support, daily luggage shuttle, ride guides, immense amounts of FUN!!

**Meals:** 8 Breakfasts, 1 Lunch, 1 Dinner

**Duration:** 9 Days / 8 Nights

**Lodging:** Hotels & Inns

**Difficulty:** Easy to Moderate

**Total Miles:** 250 miles

**Avg. Daily Miles:** 35-40

**Hills:** Easy to Moderate



*Historic Depots*



*Gorgeous River Rouge*



*Bike Causeway, VT*

## Day 1: Travel to Mont Laurier

11:00 AM Shuttle Pickup – Manchester, NH  
2:00 PM Shuttle Pickup – Burlington, VT

Check in early and explore historic Montreal. We'll meet in the evening for trip orientation.

## Day 2: Mont Laurier to Lac Nominique

8:30 AM Shuttle to Mont Laurier  
Cycling 35 miles

Your tour kicks off in a big way with gorgeous cycling on Le Petit Train Du Nord (The Little Train of the North), which is a converted rail trail through the breathtaking Laurentide Region of Quebec. We end the day in spectacular fashion too, at tranquil Lac Nominique.

## Day 3: Lac Nominique to Mont Tremblant

Cycling 33 miles

Another great day on the trail is in store as we cycle through the beautiful countryside of Quebec meandering with the Riviere Rouge, with its many rambling cascades, spectacular scenic overlooks and charming little towns and villages.

## Day 4: Mont Tremblant to Val-David

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Cycling 32 miles

Gorgeous scenery continues as we cycle through pristine rural reaches of the Laurentides, with easy cycling as the trail now intertwines with the Riviere Du Nord!

## Day 5: Val-David to Montreal

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Cycling 38 miles

Today we complete Le Petit Train Du Nord which terminates at the end of today's ride just outside Montreal. Take advantage of your evening in the city to visit the Biosphere Environmental Museum, or catch a show or free music in one of the many lovely local parks.

## Day 6: Montreal to Venise-en-Quebec

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Cycling 39 miles

Our ride today is on rural roads using designated bike lanes that take us through charming communities and beautiful scenery as we make our way to the northern-most shore of Lac Champlain where a fantastic sunset and a relaxing evening on the lake are in store!

## Day 7: Venise-en-Quebec to Isle LaMotte, VT

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Cycling 28 miles

Activity Dinner Social

Today we head straight across the US Border enjoying spectacular views of Lake Champlain as we cycle not only along the banks of the lake, but right down the middle atop the gorgeous Champlain Islands, stopping for the night on beautiful Isle LaMotte where a fabulous dinner awaits us.

## Day 8: Isle LaMotte to Burlington

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Cycling 40 Miles

On our last day we continue cycling across the Champlain Islands with incredible views of not only the lake but the beautiful Adirondacks to our west and the Green Mountains to the east. The ride ends with an incredible ride atop the nearly 4-mile long Lake Champlain Causeway which will make you feel as though you're cycling directly on the water! The tour comes to an end in charming Burlington with our last night's stay.

## Day 9: Return

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8:00 AM Optional return shuttle to Montreal

12:00 PM Optional return shuttle to Manchester, NH